

# The Masonic Messenger

Iowa Masonic 2500 Grant St.  
Bettendorf, Iowa

3/1/2018

iowamasonic.com  
563-359-9171



Independent Living  
Rehabilitative Care  
Long-term Care  
Respite Care  
Hospice Care  
Memory Care

**Iowa Masonic has been committed to meeting the needs of residents in the Bettendorf and surrounding communities for 90 years.**

**We continue to provide the expertise, compassion, and commitment our residents and families have come to expect and deserve.**

**Find us on Facebook!**



## March Dates



World Compliment Day 1st

World Day of Prayer 2nd

Hug a GI Day 4th

Check Your Batteries Day 11th

Daylight Savings Time 11th

St. Patrick's Day 17<sup>th</sup>

Spring Begins 20<sup>th</sup>

As Young as You Feel Day 22<sup>nd</sup>

Palm Sunday 25<sup>th</sup>

National Medal of Honor Day 25<sup>th</sup>

Good Friday 30<sup>th</sup>

*Irish-American Heritage Month*

*Color Therapy Month*

*Women's History Month*

*Music Involvement Month*

*Optimism Month*

*Red Cross Month*

*Spiritual Wellness Month*



The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, the education, the money, than circumstances, than failure, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company... a church ... a home. The remarkable thing is we have a choice everyday regarding the attitude we will embrace for that day. We cannot change our past ... we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude. I am convinced that life is 10 % what happens to me and 90% of how I react to it. And so it is with you, we are in charge of our attitudes.

~ Charles R. Swindoll ~



*"Spring is nature's way of saying  
let's party!"*

*~ Robin Williams ~*



## at Iowa Masonic

Welcome Jose Calderon, Environmental Services.

### Career Opportunities at Iowa Masonic

We currently have the following positions available: Assistant Director of Nursing, Maintenance, Housekeeping, RN, LPN, CMA, and CNA. Also, don't forget, we currently have a sign-on bonus for nurses! If you know someone looking for a new career opportunity, share with them about our opportunities here at Iowa Masonic.

### CONGRATULATIONS to our 1<sup>st</sup> Quarter Service Award Employees

•••  
Deann Milefchik, 10 years  
Gidget Bregman, 5 years  
Kelly Engeland, 5 years

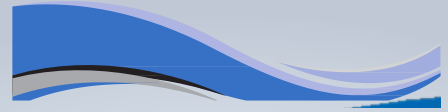
### CONGRATULATIONS

•••  
Congratulations to the February Employee of the Month, Angie Herrera! Employees of the month receive a \$25 gift-card, & a 10 meal punch pass for meals at Iowa Masonic. Congratulations!

### National Professional Social Work Month

Iowa Masonic is blessed to now have two social workers to meet the needs of our residents and families. Thank you to Lori Osborn for her many years of compassion, commitment and expertise. We appreciate all you do Lori! Also, welcome to Rebecca Wiley, who comes to Iowa Masonic with years of experience and expertise as well. Welcome to the Iowa Masonic Team Rebecca!

Lori Osborn, 20 years  
Rebecca Wiley, 2 months



### Masonic Trivia

•••  
Our Board of Trustees is comprised of 5 appointed Masons from the Grand Lodge of Iowa. Our trustees travel from as far away as West Des Moines & Cedar Falls to lend their expertise and guidance to assist our Executive Director and Management team in the operations of Iowa Masonic. We truly appreciate all they do for us! Thank you to Eldon Walton, Realff Ottesen, Ted Wiley, Damian Hurmence, & Jason Wolcott.

### Doctor's Day 30<sup>th</sup>

•••  
**A HUGE THANK YOU GOES OUT TO OUR MEDICAL DIRECTOR,**  
**DR. KEVIN BLECHLE,**  
who far exceeds the expectations of a medical director. Although physicians are only required to make visits on a monthly basis, you will find Dr. Blechle here in the facility every week. He is also available to our staff by telephone when he is not here. His dedication to serving our residents in a kind and compassionate manner is greatly appreciated.  
**THANK YOU, DR. BLECHLE.**





# MARCH ACTIVITIES AT IOWA MASONIC

## Health Center

(\*Activities at 1:30 unless noted)

Masonic Lodge Breakfast 7:30 3/3

Happy Hour 3/9

Birthday Party 3/13

Lewis's Music 3/14

Fabulous Ones 5:00 3/14

Tom's Music 3/15

Scenic Drive 3/16

Spring Party 3/20

Fat Cat Music 3/21

Shopping Trip 3/26

Royal Rubies 3/28

Good Friday Church Service & Communion 10:00 3/30

## Ann's Place

(\*Activities at 2:00 unless noted)

Happy Hour 3/2

Monica's Music 3/8

Scenic Drive 3/9

Family Party with Kent's Music 3/10

Lewis's Music 3/14 at 1:30

St. Patrick's Day Party 3/16

Spring Crafts 3/22 at 3:00

Shopping Trip 3/26 at 1:30

Good Friday Church

Service & Communion 10:00 3/30



## DAYLIGHT SAVINGS

*Sunday March 11th*

## CHANGE/CHECK YOUR

**BATTERIES DAY!**

## IN THE KNOW - SOCIAL MEDIA



Check out our **FACEBOOK PAGE** at [Iowa Masonic Health Facilities!](#) "Like" & "Share" our posts to help us increase awareness & interest in our retirement community!

Refer friends and family to our **WEBSITE** to find helpful information about the services we offer. [iowamasonic.com](http://iowamasonic.com).

## Volunteers Wanted

We are looking for compassionate, fun, committed volunteers to make a difference in the lives of our residents! Helping residents on shopping trips, doing crafts & playing games, downloading music onto iPods, and visiting are just a few of the ways you can volunteer. Please contact Chris Stickfort in the Activity Department to volunteer!

# INDEPENDENT LIVING AT MASONIC VILLAGE



## Happy Birthday To You

Ruth 1st  
Carm 5th  
Elaine 10th  
Maxine 26th  
Mary Lu 30th  
Bill T. 30<sup>th</sup>

## Resident Information Forms

Remember to update your resident information forms and turn them back in to Amy as soon as possible! If no update is needed, simply notify Amy to make note of that.

Thank you!

## Masonic Village Inspections Tuesday March 20<sup>th</sup>

beginning at 9:00 a.m.

## Catered Dinner Reservations

Reservations must be made, at the LATEST, three days in advance of the monthly catered dinner. Any reservations cancelled 72 hours prior to the meal will still need to be paid for as our caterer purchases the food (at the LATEST) 48 hours in advance. It is not fair to the caterer to have multiple cancellations at the last minute (without payment), after food has already been purchased. If you need to cancel at the last minute, a meal can still be packaged & brought to you if you are unable to attend. Thank you for your understanding.

## March Village Activities

- Figge Art Museum 1<sup>st</sup>**  
at 12:30
- Lodge Breakfast 3<sup>rd</sup> 7:30**  
**Isaac Walton League**  
**Breakfast 4th**
- Lodge Dinner 6<sup>th</sup> at 6:00**  
**Luncheon at Tantra**  
7<sup>th</sup> at 11:30
- MV Birthday Party &**  
**Meeting 9<sup>th</sup> at 1:00**
- Coffee Social & Brunch**  
19<sup>th</sup> at 10:30
- Music Guild "Catch Me**  
**If You Can" 21<sup>st</sup> at 6:45**
- Dinner at Cracker Barrel**  
22<sup>nd</sup> at 4:30
- Genesis Foot Clinic**  
27<sup>th</sup> at 12:15
- Happy ½ Hour & Catered**  
**Dinner 28<sup>th</sup> at 4:15/5:00**



## Church Services

Non-denominational  
Church Services  
Sundays 1:30

Catholic Communion  
Sundays 1:30  
(except 3<sup>rd</sup> Sunday)

Catholic Mass  
3<sup>rd</sup> Wednesday 9:30



## *Welcome Spring*

*Spring is traditionally considered a season of rebirth & transformation. Even though our minds are eager for warm weather ahead, our bodies are often times weighed down by the sluggishness of winter. Luckily, there are many ways to 'detoxify' the body, mind & spirit from the sludge of winter. Consider taking advantage of the some of the following spring outdoor activities:*

- *Take a walk at a local park, nature trail, or around the neighborhood.*
- *Do spring cleaning, inside & outside.*
- *Visit Farmer's Markets & smell fresh flowers, sample fresh fruits & vegetables.*
- *Visit local tourist attractions, landmarks, historical sites, & visitor's centers.*
- *Attend outdoor community events such as musical performances, art shows, car shows, & flea markets.*

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### Newsletters

Printed paper copies of *The Masonic Messenger* are available at the front desk at any time. You may also refer to our website for the most recent newsletter, or you may contact Amy Wiyrick at [awiyrick@iowamasonic.com](mailto:awiyrick@iowamasonic.com) to request a copy be emailed to you.

## Our Management Team

Chad Lehman	Interim Executive Director & Accountant		
Dr. Kevin Blechle	Medical Director	Deann Milefchik	Director of Human Resources
Dan Murphy	Pharmacist	Chris Stickfort	Activity Director
Denise Mayfield	Consulting Dietician	Lori Osborn	Social Services Director
Jodi Hippler	Director of Nursing	Cathy Youngblood	Director of Dietary Services
Heather Thompson	Asst Director of Nursing	Rebecca Wiley	Social Worker Care Coordinator
Lorelei McMahon	Care Plan Coordinator	Dave Overfield	Director of Maintenance & Environmental Services
Ana Kinney	Care Coordinator		
Amy Wiyrick	Masonic Village Coordinator		

**Iowa Masonic  
Compassion. Commitment. Community.**

***A Retirement Community Where Everyone Is Welcome!***